

Winsford Reverse 800/1500 Gala

Manchester & Districts Age Groups gala

Winsford:

Three Saracens swimmers defied convention and entered the Winsford Reverse 800/1500m gala in March 2019. Historically girls have always raced 800m and boys the 1500m. This gala was a reverse event so the girls entered the 1500 and the boys the 800m. It was an extremely popular event so sold out very quickly and other Saracens swimmers were disappointed in not being able to enter.

Our swimmers were stunning on the day demonstrating stamina and technique throughout with both Eddie and Sophie coming top of their age group and Simon, in his first ever distance event, coming third in his age group.

What did they have to say on the events?

Eddie: "that was a lot easier than the 1500". 800m time: 9 minutes, 28.41 seconds

Sophie: "that was fun". 1500m time: 18 minutes, 28.81 seconds

Simon: "did I do well?" (yes, Simon, you did very well!). 800m time: 12 minutes, 43.14 seconds.

Next challenge for the intrepid trio? Do the same again long course...

Manchester & Districts:

Back at Wigan for the M&Ds age groups gala at the end of March we had only one Saracens swimmer entered this year. Simon competed in 7 events over the course of two weekends gaining silver in the 200m backstroke and the 100m individual medley, bronze in the 50m backstroke and 200m freestyle, 4th place in the 50m butterfly and 50m freestyle and 5th place in the 100m freestyle. Most importantly he gained 7 PBs so demonstrated an improvement in all 7 events. Well done Simon.